

## AN INVITATION TO AWAKENING

Jeff Loven, Pastor of Missional Life January 3, 2016

# Ephesians 5:8-14, 17-20

In Jesus, you're a new you! (vv. 8-10)

Quit resurrecting the old you! (vv. 11-12, 17-18a)

Wake up freshly to the new you! (vv. 13-14, 18b-20)

<u>Prayer</u> + <u>fasting</u> is a powerful way to experience fresh <u>awakening!</u>

# **NEXT STEP - I commit to take part in the season of prayer and fasting with The Bridge family in January.**

- o <u>Daily prayer</u> + <u>fasting</u> for 3 weeks.
- Attend worship services weekly + expectantly.
- o Use the <u>Daily Prayer Guide</u>
- o <u>Partner</u> up.

#### Resources

- Fasting Guide
- Daily Prayer Guide
- Prayer Space in The Cafe
- LifeGroup Questions



Bridge LifeGroups are **currently on winter break**. We will continue to provide questions each week for personal study and/or discussion for LifeGroups choosing to meet during a portion of the break.

**Lesson Aim:** To grasp our need for fresh awakening to God's presence, power and preparation for the next chapter of life and ministry.

**Prayer:** Ask the Holy Spirit to lead your time of worship & study.

**Icebreaker:** Share a time when you witnessed or experienced God through prayer and fasting.

- 1. Over the next few weeks, we will be seeking God and asking Him for awakening in our lives and inside our church. What parts of your life have you identified that need awakening?
- **2.** In Jeff's message on Sunday, he said that Jesus makes us new but we continue to resurrect the old us instead of embracing the new. Why do you think we do this? How can we stop resurrecting our old selves and embrace the new?

## 3. Read 2 Chronicles 20:1-4, 17-18

The text says that a great multitude of people are coming to destroy them. How do they respond? What is the outcome? What are some things that are happening in the world today that we could be seeking God's provision and protection over?

#### 4. Read Ezra 8:21-23

As God's people are returning from exile in Babylon, they seek God through fasting and prayer for a new chapter to begin in their lives. What do you think was going through their minds at this time and what were they hoping to look forward to?

**5.** As you turn to your next chapter in 2016, what are some changes or additions that you would like to make to be better in line with God's plans for your life?

### 6. Read Acts 13:1-4

The church fasted and prayed, laying hands on Barnabas and Saul before sending them out to do ministry. As we look forward to a new chapter in ministry at The Bridge, What would you like to see God do? (As a LifeGroup, spend a moment in prayer lifting these desires to God).

7. In Matthew 4:1-3, Jesus himself fasts and prays prior to setting out to fulfill his mission. Why does He do this? What happens to Him? How does He overcome temptation?

**8.** Throughout this season of prayer and fasting, the desire is to see God move in our church, but it is up to each individual to be all in. What are some ways that you desire for God to move in our church and in the world?