



BELONG - Part 2

Jeff Loven, Pastor of Missional Life
October 11, 2015

Lesson Aim

To grow in our understanding of what it means to live as the body of Christ

Key Idea

the spiritual reality of our unity must be translated into the physical reality of our lives

Ephesians 4:1-6

being unified starts with living a life worthy of our calling in Christ - Eph 4:1

being unified requires the hard work of authentic relationships - Eph. 4:2-3

- humility
- gentleness
- patience
- shared burdens
- intentional peacemaking

though many, we are one - Eph. 4:4-6

- one body
- one spirit
- one hope
- one Lord
- one faith
- one baptism
- one God and Father

our unity flows from the authority and presence of our one God and Father - Eph. 4:6

Next Steps

- This week I will pray for the unity of the body (The Bridge), using Ephesians 3:14-21 as a guide
- This week I will pray for the flourishing of a part of the body that I don't understand and/or agree with
- Next Sunday I will worship with an unfamiliar part of the body



LifeGroup Discussion Questions for October 11, 2015

Lesson Aim: To grow in our understanding of what it means to live as the body of Christ.

Ice Breaker: What is your favorite team sport? OR (if you don't like sports) team activity?

1. Looking back at your notes from Jeff's message, was there anything that particularly caught your attention, challenged or confused you?
2. **Read Ephesians 3:10-21.** How do the truth statements made in verses 10-13 help set up Paul's prayer for Christ-followers in verses 14-21?
3. What attributes of God are named in the prayer of verses 14-21?
4. What qualities does Paul ask God to grow in His people in this prayer?

5. Stop for a moment to pray. Using Paul's prayer as a guide, have 1-2 people pray it over the members of your LifeGroup.
6. **Read Ephesians 4:1-3.** How does Paul's prayer in 3:14-21 help set up the commands of verses 1-3?
7. Why are the qualities listed in 4:1-3 so important for maintaining unity in the body of Christ?
8. Which qualities have you experienced to be helpful in developing unity with others? Which ones do you have a more difficult time living out?
9. **Read Ephesians 4:4-6.** How do these seven "ones" contribute to living out our true unity?

Close with prayer as God leads you.

Memorizing Scripture is a key tool to resist temptation, make wise decisions, strengthen us under stress, comfort us when we're sad and to witness to those who don't know Christ.

Memory Verse(s) of the Week: Ephesians 2:19-20