



lifegroup

study guide

Prayer: Open in prayer asking for the Holy Spirit to show you how you can better extend grace to those around you while living a life worthy of your calling.

Icebreaker: What are some of the qualities of a person that you admire most?

1. **Read Ephesians 4:1-3.** What does it mean to “live a life worthy of the calling you have received”? What is our “calling”?
2. What happens when believers live out these qualities? How do these qualities promote unity?
3. Of the five qualities listed in verse 2, which one needs to be developed most in your life? How does this happen?

4. Pastor Andrew spoke about the effects of bad posture when walking (pain, bone problems, etc). How does this analogy relate to how we walk with God and others?

5. **Read Ephesians 4:4-6.** What is the result of the church body acknowledging these scriptures?

Weekly Memory Verse: *Psalm 18:30 - As for God, His way is perfect: The Lord's word is flawless; He shields all who take refuge in Him. (NIV)*